

“A Brave New Wor[l]d”

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Part 1

“Wordology”

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1. What is a “word?”
2. Can we “control” our emotions?
3. Can we “understand” each other?

Let's start with the second question, move to the third, and in the end, come back to the first. Maybe we'll even answer a fourth.

Is it possible to control our emotions? No. Is it possible to control the emotional link to our behavior? Yes. That's called our mind, and whether or not we realize it, we have full control over it. Total and complete power to bend our mind to *our* will, instead of it bending us and our lives out of balance. The problem literally seems to be that we are too smart for our own good, we can't find meaning and happiness in a life that has become too complicated for us to enjoy.

It's funny because every piece of advice seems to have an opposite perspective when applied to the opposite scenario. In this case our lives have become very complicated, but our mental lives are very simple. Physically it's too complicated, mentally it's too simple. What could I possibly mean by that? How can our mental lives be too simple, when we're daily faced with depression, anxiety, stress, fear, hate, etc? Great question.

When trying to solve a problem, the real solution lies before it was ever there. How can you solve a problem while looking from inside it? That will only compound the problem. (See any pharmaceutical ad on television, count the benefit, 1, then count the "side-effects," 5, 10, 15, 20?!? What the drug is for is the side-effect if you ask me.) Pharmaceuticals today are a perfect example of compounding problems, while providing no real solutions. All they want is your money. Pretty soon they may even start inventing symptoms just to give you pills for them. Not propaganda. Simple facts.

The solution is a reset to before the problem began, before we can ever move forward. But why would they ever want that? That would put them out of business. Actually, it wouldn't. Smart businesses know they have to continuously adapt. Controlling businesses sit there not changing while holding the world hostage to their "products." Quite ironically, we have to take one step back to take two steps forward, but the wrong step forward requires two steps back. One step, but the right step. Which way is that? We don't know yet, but we can figure it out.

But before we can ever figure it out we have to be willing to ask the questions, which also means we have to be able to see the realities. So then what we have to master is the art of observation. How do we do that?

We have to connect with reality, and disconnect from our *perceived reality*. Unplug. From what? From the matrix of our mind. Like we use drugs to try to do temporarily; just to frustratingly have to go back to our unsatisfactory realities. We live unsatisfactory lives because we've failed to raise our own bar. Who's job is it to live your life? Yours and no one else's. The world will not tell you how to be happy, smart and successful because the world can not tell you how to be happy, smart and successful. The world doesn't know you, you have to tell it, and if you don't know you, then there's no story to tell. If there's no story to tell our mind sits in place, rotting from the inside out. I believe that every mental "problem" we have today only exists because of what the mind is occupied with. Change the occupancy, eliminate the problem. But change it to what? Good question. I have no idea. But you do. And I know what has to happen first. Ultimately, all you have to do is ask.

Your thoughts are just a summation of your physical experience, they are not "who you are", they are just "what you've seen." Who you are you don't know yet, but it's why you've been at war with your life. Your true identity wants to get out of it's endless imprisonment. But it can't do that until you let go of the identity you've attached yourself to as a result of your physical experience. (Who are you? An addict? A bitch? An asshole? Who are you? Name your worse offense.) Ok ready. No you're not! You are none of those things, all you really are, even in comparison to another person, is really the same person with a different name, living a different experience, using your own words. The sooner you drop the baggage, the faster you'll move forward. Your past is not who you are. It is just your past. One that we have not even had full control over. So why let something we've never had control over, continue to control our lives? Seems a bit senseless or circular in logic as I like to say. Ready for more? Thoughts aren't really

thoughts, they're assumptions. Every thought is based on something we've already seen. New thoughts are called ideas and they do not come from the past, though they are inspired by it. More on that later. We've connected a new dot. Physical experience controls mental health, however it *doesn't define it*. We are the god's of our lives, we get to *define our words*.

Why can past thoughts become harmful? Because we continue to listen to them long after they lose their relevance, becoming nothing but baggage slowing us down, or as I like to say "garbage thinking." But there's another reason as well. Feelings and emotions.

A.) Are emotions defined by thoughts? Or...

B.) Are thoughts defined by emotions?

The correct answer is A. The usual answer is B. Choosing B leaves you helplessly controlled by your emotions. Choosing A enables you to try and learn how to control them. To say it more accurately, all we can do is try to control our response to them, not the emotions themselves. Emotions are involuntary, meaning we can not predict when or how they happen, nor when they will pass. But we do know they are indeed there and hiding them does us no good at all. Swallowing past pain as it turns out, is the only cause to your future pain. Hiding something from yourself creates an integral disconnect where there should be a connection. What does that mean? It means by hiding your emotions you effectively short circuit yourself out of living a fully expressed, happy, healthy, smart, successful (and if you want to go there, spiritual) life.

The answer then to #2 is to confront what we've been hiding from, our feelings. To bring back our own internal integrity, in order to build a successful future. To feel our past pain, realize it is absolutely meaningless, and move on. What can't you do? What have you always wanted to do? What happened that said you couldn't do it? It's all lies, masked by pain, layered in time... The future is based in feeling. Not thinking. Quiet the mind. Unleash something else.

With past meaningless pain out of the way we have a new start, a clean slate. Now all we have to do is make smart decisions and the rest will take care of itself. How do we do that? First, let's define the game so we can learn how to play. What's the game? It's a game we like to call "communication." To simplify it even further, just words going back and forth. I'm absolutely amazed at the simplicity of the solution, compared to the complexity of the problem.

So what's the big deal, we communicate using language so what? True, however we misunderstand what is actually happening in reality. Taking away the minor differences in our biology(none of which point to understanding) and instead looking at the vast similarities; the only differences left are our experiences. Our individual personal experience. This unique experience provides the basis for a unique understanding, which provides the basis for a unique language. We learn words by defining them in language, but we first use our own mental translator before we can ever use them ourselves, therefore translating them into "our language," not "a language." You don't speak English, you speak you, using English words. Which also means everyone else uses their own as well, which in turn explains why we can't really communicate. Different languages means no actual communication, just the illusion of one. So then how can we ever communicate if we don't know each others languages? Well I guess we have to ask to find out.

"Actions speak louder than words." True, but words explain the fine print that actions try to hide. Sometimes we pay too much attention to our actions, and not enough to our words. But who reads the fine print? No one. They don't want you to. That's why it's *fine* print. Otherwise it would be BIG print. But isn't the fine print where all the important information is? Doesn't that seem a little backwards? Shouldn't the important stuff be larger, and the nonsense kept to a minimum? If only. The world is convinced it should be the opposite and we are convinced that our words don't matter. Wrong. Words define life itself. Life is a word.

Every action does have an equal and opposite reaction, one enabled by choice, and realized by observation. Think of a piece of information like a

tennis ball being hit back and forth on a tennis court. Sending the ball one way is an action, in order to react we have to first observe it, adjust our behavior to it, continue to observe, and then re-act sending it back the other way. Before the next reaction can happen, first an observation must exist. If we fail to observe, we fail to “see the ball coming” and miss what “was meant” all together.

If true commonality (or real communication) is the goal, the playing field must first be the same on both sides. That playing field is meaning, and the ball is language. We try to pass the ball back and forth never realizing that we each have our own ball. In order to truly communicate, we have to be willing to trade with someone else, not just pass to them.

Consider for a second every human interaction as a trade on the stock market. Now first, in order for there to even be a stock market there must *always* be one thing, *two* sides. A buyer and a seller, *two* people willing to *trade*. Now consider every human interaction you have and how you choose to behave and interact, as a positive or negative trade. If you can “stand each other’s space,” then it sounds like you’re coming out about even. If you “don’t ever want to see that person again,” consider that a total loss of investment. If you “get along with most people,” then I’d say over time you’re like a value investor, someone like Warren Buffet, but with people. You’re a good “judge of character,” or you are good at “reading people.” Over time, people continue to like you. However, this last category is where the gems are and I’ve only met a few, the “I treat everyone with love and respect,” type people. Truly, not just people that agree with how they think. Everyone. These are the people that will invest in anything good that comes along, and throw all of their weight behind it. If it doesn’t work no big deal, we can always try again. These are the people that sooner or later, will live amazing lives. Why? Because they will always “raise the tide” of their relationships, these are the human entrepreneurs of the companies that change the game, the people that just have faith in people for no other reason other than they simply choose to. These people will always be the “wealthiest” because they will always have respect for their surroundings, and put others first. The good news is that we can all be gems, all we have to do is choose to love and respect each other.

So what does it actually mean to “communicate?” How do we trade our words with someone else, instead of passing them? Ever hear this before? “Put yourself in someone else’s shoes.” The idea is ingeniously simple, and a great way to try to communicate, yet it’s impossible to actually do. Why? Because in order to actually do that, in reality, you’d physically have to be that person and live every moment they’ve lived, their entire lives. That’s not possible. There is no way of knowing what is possible, but there are ways of knowing what is impossible. “Putting yourself in someone else’s shoes,” is one of those ideas. We think we can do that while we actually can not. It’s a lie buried in our language, like many others, creating a false identity of communicating when it doesn’t actually happen. It’s an example of the misinterpretation we have of our own words. Ask yourself this, “what is language?” Beyond definitions of words, what is it actually, in reality? What is the purpose of language? Isn’t the whole point to communicate? If not then why learn it? To grunt out words like a caveman? How does anything you say matter if no one else can understand you?

Have you ever felt like even though you speak English, you feel like you speak a different language than everyone else? That’s because you have a keen sense of your surroundings, and you’d actually be correct. We may all be speaking English, but we’re all using our own words to do it. English is the playing field, the meaning we attach to the words we use is our ball, and understanding what someone else “means,” is like trading with them. The problem is that we already do this, we’re just under the impression that everyone knows and understands words the same way we do. False. That’s a lie, a fallacy in the very idea of language itself.

Why do we miscommunicate? Because we say one thing but mean another and hear what we want, not what is said, which means we’ll never understand what is actually meant. Basically, words to you are the “truth” you live in, but it is and will always only ever be “your truth,” and no one else’s. Why not? Because if you have one, everyone else does too. And they are all unique, but not because we’re all biologically different, instead because we all

live a unique life and it isn't known before we are born, it is learned thereafter. We all have an independent view of the world, unlike anyone else. We've all learned to define the very world we live in, encompassed in the definitions of the words we use to describe the life we live, independently of anyone else. That means that over the span of our lives, our experience defines the words we use, we do not. Stop and think for a second. Now pause and ask yourself what language you think in? Isn't it English? Aren't your thoughts "defined by words?" The words we use do not come from our thoughts, our thoughts come from our words. But we put them there in the first place so we can change them, meaning we can change our thoughts, but not without first changing our words. This fact is why affirmations work, and also why people *literally* have a hard time saying nice things about themselves.

We use the words we use because of how they make us feel. We are human after all, though sometimes you'd be hard pressed to tell. Back to question #2, can we understand our emotions? Yes. Can we control them? No. Can we control how we behave as a result of experiencing them? Yes. What does that mean? It means that emotions are involuntary, but our behavior is not. However, we all live in an alternate reality. We believe that when our behavior is the result of our emotions it is involuntary and therefore "not our fault." False. Our behavior is the result of us first doing two things. Choosing to listen to it, followed by choosing to act on it. Our emotions are always there. How we deal with them determines the rest. In other words or in poker terms, "life is not about the hand we're dealt, it is about how we play the hand." In between there are choices. Behavior is in no way involuntary, it is always done by choice. However, it's not always that simple. The problem is that sometimes that choice is made for us, by one that also we made a long time ago. We are the start and end of this problem.

We resolve ourselves to a certain "way of thinking" or a "mindset." The negative experiences we have force us to deal with harsh realities and our mind has to find a way to deal with the existing problems. Once it finds a solution, usually the

easiest one, think “path of least resistance,” which of course means doing nothing and changing as little as possible. It “knows” the answer, so the mind will use the same path over and over. Why solve a problem if you already know the answer? Why dig another well if you’ve already struck oil? What about when the oil runs out? What then? We have to find another spot. What does that mean? It means we learn that we have to learn something. We know we don’t understand, but we also believe we can. Two things have had to happen so far.

1. We realize there’s a problem. (observe)
2. We choose to do something about it. (decide)

Next comes the research phase, hunting for information, digging for treasure we call truth. This phase may seem daunting, but it actually couldn’t be simpler. Turns out communicating isn’t hard, but we make it next to impossible. Want to communicate? All it takes is one word. Ask. Now be careful what you ask, you might get the right answer to the wrong question. Who’s fault is that? The answerer or the asker? Well it can’t be the person explaining after being asked, the words used in the question determine the playing field for the answer. Wrong field means you’re playing the wrong game. “Be careful what you wish for” is actually “be careful what you ask for.”

What is a wish? How about to wonder? What does that mean? Wishing or wondering is literally “breaking with reality” and mentally creating a new possible existence down the road. It is a way of adding to our existing thoughts, a way of “looking for ideas.” Not *generating* them. We do not make ideas, if we did we’d make them all the time. There would be idea factories all over the place, but since we don’t make ideas, we have to look elsewhere for answers.

English is a very frustrating language to learn because of the many meanings we attach to the same words, however because it uses fewer words by multiplying them by meaning, learning to pronounce it is easier than most others. Untangling it however is going to be tricky due to the use of same words varied over multiple meanings. Making it “easy to learn” but “hard to understand.” But because of the first fact, it being easy to learn, it will continue to spread and will one day become

our Global language. How do I know that? Because the environment is set for it to grow in. It's already happening, and the internet has everything to do with it. The world is learning English because it was the first human language used to program the digital one. Everything can be traced back to a source, all we have to do is follow the steps backwards. The problem is that we face life going forward but in order to understand it we have to observe it in reverse. However, "the past does not repeat itself," it only does so if we choose to repeat it. Choosing not to is helped along by learning from it, instead of suppressing it. Meaning? If we would simply learn from our past instead of carrying it around, we would live better, happier lives. Lives that have a chance to achieve balance, but not without everyone first ditching the extra weight and hopping on the same scale. How do we deal with our past first in order to do that? We have to explore the parts of it we don't agree with. What is that? That means chasing out every belief that doesn't coincide with the life you want to live. I call it "garbage thinking," what is it really? Limited believing. If you really want to boil it down, the idea or word called belief.

Why belief? Because this idea encompasses things that "we can't prove." We choose to believe them simply because of the choice. However if we actually lined up the meaning to the word, what we mean when we say "belief" is actually "faith." The idea is the same, however the thought is different. Faith is an idea that by following we think will change the result. We have faith in things every day that we don't think of as "having faith in," something as simple as exercising. Before beginning we have absolutely zero evidence of a different outcome, yet we do it anyway. Why? Because of the promise of a better tomorrow. However in the real world, this is where faith and belief begin to split into separate tracks of thinking.

Faith follows a path that restores its gas tank as evidence is seen of things changing, i.e. muscles hurting, rebuilding, and becoming stronger, faster, better. It turns out, that's also exactly how we become smart, and stay that way. Basically, we continue to have faith in things that we "see changing." Reality begins to back itself up, therefore we continue to have faith. It is not the same as continuing to believe. Continually believing something without the "check and balance" of reality, means we effectively begin to go insane. Why? Because we literally think the same thing,

while wanting a different result; one that will never happen as long we keep thinking the same way. Thinking from the same past will never create a different future. The two will never line up. Belief doesn't actually exist, only faith does.

When we say the word thought, or when we're talking about "thinking" what we are actually doing is assuming. Every thought is based on the prior knowledge of something else, therefore thinking is derived from the past. The act of thinking in reality turns into "living in the past." Results first start out as thoughts. Thoughts first start out as words. The way we think literally defines the way we live. Our thoughts are first based in words, meaning that the words we use and the definitions we've chosen to adopt, determine the very field we play the game of life on. You can't change your life without changing how you think. It is literally not possible. Your life exists within the realm of your thoughts. Do you have a hard time saying nice things about yourself? Do you still think it's a coincidence that you're not happy, despite thinking negatively? Things like the "law of attraction" and books like "The Secret" are actually based in reality, while "reality" dismisses it as gibberish. If people knew they were causing such harm to themselves, would they continue to do it? No, otherwise we would all already be dead. But we're not so there's hope. ☺

Change your thoughts and you change your universe. Like learning that the Earth is round when all you see is flat, every word we use has the power to change our perspective, and therefore how we view the world. Every single word. Who would've thought *words* were so powerful? "Unbelievable." Believe it. The sooner you do, the sooner you can take control of your life. Whoever said "you are only as good as your word," was 100% correct, and in ways we "can't even imagine." Bullshit. Sure we can. Be careful. If you can't imagine it then how could it ever happen? What else "can't" you do? What if you actually can but don't want to and are just hiding under the word "can't?" Stop hiding in the world of "can't" so you begin to see life in the world of "can" and perhaps play the game for the first time.

The way we understand language itself creates an environment that will guarantee conflict. That's why conflict exists, we believe it has to, that it's a "human instinct." False. Conflict only exists because we put it there. It isn't an instinct, it is the result of our "intuitive conclusions," or in other words "our logic." That's right,

we're so smart that we've turned stupid. Nothing is stupider than physical violence, however it only exists because of mental unrest. If you flip a two-sided coin more than once you guarantee the potential for a different result. Flip it enough times and it isn't a matter of *if*, it will land on the other side, it just becomes a matter of *when*. If we don't learn how to trade words instead of passing them, or throwing them at each other, i.e. talking at someone, dictating, ordering, telling them what to do (which is what we are actually doing), then we will never actually be able to communicate and therefore get along. If you're not asking and you're not talking about an observation or a decision; then you are commanding, not communicating. Every time. What do I mean by insanity? Thinking that we "know" any other human being on the planet and that we "communicate" by using our words and not theirs. We don't and we never will, unless we first ask, and only if we continue to ask again and again. Any other way just doesn't work in a present reality that changes as you read this and is therefore never the same again.

Tick. Tock.

Our definition of the word "time" translates into "change" in the "realm of reality." If you want to confuse yourself for the rest of eternity ask yourself this, "what is time?" It's an answerless question, and one that would leave you in endless loops of circular thoughts. Something the digital world describes as an "infinite loop" or a spot in programming where the software can't find a way out from. The question of time feeds on the existence of the question itself, but if you change the question or don't ask it at all, the loop is stopped and the problem goes away. The answer is that time exists as a "way," not a "thing." Pictures are "moments captured in time" but how could you take a picture of all of time itself? Not possible. Why? Because the idea of time lives outside of the world of pictures. Why is that important? Because if we're asking the wrong questions, we will only continue to seek the wrong answers. What is a "wrong question?" One that feeds upon itself and asks an impossible question to answer like, what is time? The correct question is actually "when is time?" What is the correct answer? Has anyone ever asked you a question, giving you two choices, but you wanted a third? "Would you like this

cookie or that one?" (Why do I have to choose? What if I want both?) What is the correct answer if you want both? My answer is "yes." An option that wasn't even listed. So then "when is time?" The correct answer is time is not a "when," time is now. What is now compared to a second ago? Different. Therefore right now is different than a second ago, i.e. time is actually constant, ongoing change.

A coworker of mine once said that "all software is only ever 90% finished." He may be right but he will also never be wrong, unless one day we said "that's it, all programming is finished, every feature is perfect and every function works perfectly." Not likely. What if every thought was framed in that kind of "could be right but won't be wrong" reality? If nothing is ever finished, then we always know we have to keep working. If we know we're not done, we have to keep doing. What is doing? Learning. If we're not learning then we're running on an endless hamster wheel of living in the past we call "thinking." The moment we stop learning, is the moment we start mentally dying. If we take the opposite approach and assume things are finished before they actually are, or that they exist when they actually don't, we begin fighting and endless battle against an invisible opponent. One that will only, over time, drive us crazy. Unless we wake up and stop fighting it. What is that enemy? The nature of time. Not learning means existing in a time that actually stopped at the last thing we learned, it literally means living up until a certain time that is definitely not now, hence the problem and disconnect with reality.

If we know we can't communicate one way, then we know we can another way. The problem of communication only continues to exist as long as we believe in the illusion. To stare the mirage in the face and choose not to believe, is to erase any thought that tells you who someone else is, and instead look to another source for information. The right source of information. The only source of information. Them. Not you. Stop thinking. Start *asking*.

What is a "new thought?" How about the word idea. When do we have "good ideas?" I have no idea but I do know when we can't have good ideas, or ideas at all. When is that? Anytime we're thinking, or lets call it "actively using your mind." Think of it this way, if your mind is actively "thinking," how could it come up with

something new, or “have an idea?” Can you be happy and be afraid at the same time? If you can I’d love to see it. So then how do we actually come up with “new ideas?” Or new thought patterns? Thinking is actually “searching the mind,” not “actively using it.” We can’t search if we don’t seek. We can’t seek if we don’t ask. How do we get answers? By asking questions. The secret to the universe is simply to ask it. Every problem we could ever invent has a solution, we just have to ask the right questions in order to find it.

When do we get ideas? Usually, when we “least expect them.” Why is that? What are we doing when this happens? Better question, what *aren’t* we doing when this happens? We’re not thinking. We’ve given the mind time and space in which to work, instead of slowing it down with orange barrels and construction signs everywhere with what we call “thoughts.”

Welcome to the wonderful world of human intelligence, or in other words, “knowing nothing about anyone.” The irony in our language is ever present and endlessly amusing. Words literally mean the opposite of what we think they do. Knowledge is not intelligence, knowledge is just memory. Intelligence is something else completely, but it starts with a simple idea, just like everything does, observation. Observing our surroundings enables us to understand them, observing our mind enables us to understand ourselves. Simply disconnecting with it, is all it takes to begin the correction. You are not your mind. You are not your thoughts. You can choose which thoughts to keep and which ones to throw away. Search for the ones you don’t want and promptly throw them away. Again and again until they pack up and leave, finally *not* occupying your mind, living rent free in your head.

Prepare to fail as this will take time. However failing doesn’t mean you’re a failure. It just means you failed, which actually means you lived by trying something different. Keep trying to keep living. Living is failing, while continuing anyway. Established solutions do not want to give up their control over the questions. Think of it like swimming up stream. Until you get your thoughts going the way you want them, it’s going to be an uphill battle. The more ass you kick the easier it gets to kick ass. Keep chasing the holes in your thinking out of your mind, focus on what works, ignore the rest as background noise and live change daily until it becomes “daily

change” and eventually a “way of life.” Welcome to my world. The world of knowing nothing and being smart *not* stupid. Nothing equals smartness, I didn’t see that one coming. Knowledge just weighs us down.

Beyond understanding language and communication, executing the necessary steps in order to understand others first requires us to understand ourselves. In order to even have a chance at doing that first requires a way of collecting valuable information, a “method to the madness.” What is required for anything to have a structure? Any kind of sense? What is required before there can even be logic? In order for logic to exist, it first needs pieces that it can be built on. Those pieces are the very words you are reading, however their order is of crucial importance, but even before that they must first have an order to begin with. In order to have an order, there must be an underlying foundation that supports the structure, the narrative, the language. What is math made up of? Numbers. What is language made up of? Words. Math works because of a predetermined order of numbers, 0 to 9 repeated over and over again infinitely. Words won’t work unless they have the same kind of predetermined order. That order is not language, it is how we use language, whether or not we lie to ourselves and therefore each other, or in other words, whether or not our words have integrity. How can the sum ever be greater than the parts? What would be needed for the sum to exist? What is the name of the simplest number? An integer. Translating numbers to words turns integer into integral, or integrity. As long as we continue to believe our lies, we will never find our truths. They simply can not exist at the same time, therefore the longer you put off dealing with your past, which creates worry about the future, the longer it will control your thoughts and therefore your life.

However, once again, even though the problem may seem daunting, the solution is simple. Just stop. Stop lying to others, in time you will catch lies you tell yourself, and in time you will stop the lies all together. We don’t seek the right solutions because the problems are layered, and are not as simple as observing what is on the surface. In order to find real solutions, we have to go back to real answers.

The ones that existed before the problem began. In order to understand truths, we have to first get rid of lies.

What are lies? Diving as deep as we can, lies are just words. False ones. On purpose. To the observer, a liar is easy to see, usually before they're even done lying. Detector not needed, you are a human lie detector, all you have to do is observe and listen. If you don't see a consistent picture, then you're seeing an inconsistent one, meaning a lie must exist. We know how to be human, we don't need an instruction manual, you know what a normal human being acts like, you just don't trust in your own ability to know it. What is this innate ability? We call it "intuition." The golden goose sitting on intelligence, occasionally dropping off a nugget of wisdom. Why are women smarter than men? Because they use theirs and we don't. Actually that's not true, but in general they look to it much more than men do. Men think they can assert their dominance in another way, by force. Women don't have that option so they have to seek another solution. Knowing they'll never be able to overpower a man, the only way out is to out-smart him. For the simple fact that they are looking for an answer while men assume they already know them, puts women in a stronger negotiating position. Men can be just as smart however, if they look to the same fountain of wisdom that women do, their intuition. We all have it, yet few of us actually listen to it. Why? Because the world has taught us otherwise. The trick is to silence the world and listen to it instead. Then and only then will your life begin to make any sense. You are the only one that can make any sense of your life, but only if you choose a sensible path, one based in integrity from top to bottom. You are only as good as your word. Period. Your words are only as good as the ones you choose to use. Period again. If you don't believe your words have power, they will continue to have power over you. Something has to be in control and if it isn't you, it must be something else. Here's my favorite brain scrambler: "What is the opposite of nothing?" The answer is not something. If that were true then you must be able to answer this, "what something's opposite is nothing?" And you can't because it doesn't have an answer.

Any *something* has another *something* as an *opposite*, which means every *something* is *connected* to another *something*, leaving nothing alone out in the cold. But there is an answer. “What is the opposite of nothing?” I’ll let you wonder about that one for a bit. When you’re ready to turn your brain off, let’s continue down our journey into the center of our mind.

Human interaction looks like this: **action**, followed by **observation**, followed by **choice**, followed by another **observation**, followed by a **reaction**. Rinse, repeat. If you give up the choice to choose your words, life seems to just happen without our say so. Things happen, other things don’t happen, all the while we sit there watching it go by, doing nothing about it. Our words define the very life we describe, therefore how could they not be of utmost importance? Everything comes down to one word. Once life is set in motion, the only other variable is choice. Use kind words, have kind thoughts, live a kind life. Or don’t. The choice is yours. Choices are words. Answer to #1: in reality, to correctly “understand” what a word is, is to see it as a choice. Because it is. We choose every word, and before that we even choose to choose. Make no mistake, we literally *create* the very world we live in, by using the words we’ve chosen to use. In other words, we hypnotize ourselves (in a set of words), and in order to dehypnotize (see a new picture), we simply have to change the words. That’s it. A word is a choice and *every word matters*.

Question #3, what is the only way we can ever actually understand people? What if people looked around and instead of judging (which we all do every second of our lives, we just deny it), we instantly “knew” “who we were” and would never have to “question if people are good” ever again? What would that take? Wouldn’t that be the very definition of “understanding?” The end of conflict? If people “understood” each other, would conflict “have to continue?” I don’t see why if people all got along. But ask most people if the world will ever find peace and what will they say? “No.” Perfect. How is it ever supposed to change? It won’t. Because it

“can’t” happen. Bull-shit. *People do not want or like to fight.* So why do we believe that we’ll always have to? Makes no sense to me.

People change moment by moment so in order to really know anyone, you have to ask. There’s no other way. You don’t know anybody and no one knows you. Get to know each other. Ah but again, we have another problem, we need to know ourselves first, before we can answer any questions about who we are to anyone that asks. How do we do that? Just like we’ve been learning about this great power, we have to ask. But ask who if we don’t know ourselves? Who’s supposed to know if we don’t? The answer is no one, which also means that if there is indeed an answer, it must and can only lie within ourselves. Ask yourself. The next question is very interesting, who’s answering? The only answer is one that lies outside of ourselves and our capacities, a source that created the environment for us to exist in, in the first place. Nature, the universe, God, energy. Pick a word that means “larger than life.” We intuitively know it exists, yet we instinctively deny it’s existence. We didn’t start life, we know that. Therefore something else had to. Genius lies in simplicity, stupidity is any added complication that unnecessarily exists in the first place. Which brings me back to our brain scrambling question, (if it isn’t something) “what is the opposite of nothing?” The answer is “stupid.” I’m laughing as I write that but it’s true. The opposite of nothing is “all of something at the same time” or in other words CONFUSION on a massive scale. The biggest infinite loop ever. Human conflict. Which if you look around, is *exactly how the world behaves.* It looks desperately confused.

There is no such thing as stupid, just unaware. The difference is a huge gap in social belief. One that doesn’t actually exist.

However violent religion has been in the past, ultimately it isn’t the problem. More than one is. But again the world will never believe one religion because the idea of God separated into multiple sects long ago. What the world may one day believe, is that all the sects had to originate with one. One idea. One simple observation that we’ve always seen, but continue to ignore. Like we found

out long ago, the Earth is not the center of the universe, nor is the sun; after believing both were for a period of time. We are also *not* the center of the universe. The universe is the center of the universe, if it even has a center. Because we *believe* we are the center of the universe, we walk around abusing the very environment we live in, failing to consider the fact that it is all we have and people will continue to exist long after we are all gone. What are we doing if we continue to ignore the environmental effects of our actions? Before you go there, I'm not talking about global warming. For now, I don't want to get into that topic. Why? Because we have to realize we have bigger problems before we can try tackling imaginary ones. We have to set business, profits, corporations, politics, and ideologies aside and look at what is actually happening. **We are killing our planet. 50% of the animal population on the planet has died in the last 40 years.** Are you kidding me? That's not *sad*, that's a **global extinction event!** The "End" isn't coming. We are *letting it happen!* At that rate our grandkids will think of elephants like dinosaurs because they will be extinct, along with countless other species we continue to take for granted.

But no, instead let's focus on problems we have no way of solving, while we literally die from the inside out, all in the name of another false idol, money. (That was sarcasm if you couldn't tell) And no thank you, I'll pass. I want nothing to do with your financially motivated, politically influenced, social disorder you call "global warming." The true global warming is our ever-present, endlessly-unsatisfied, satiation for *more*. More bullshit. And we keep eating it. Until it will kill us. Don't thank anyone, it isn't anyone else's "fault" but OUR OWN. We need to wake up.

The first next question is will we ever pivot back to saving the planet, instead of destroying it, and the second question is if (hopefully when) we do, will it be in time to save life on this planet before the candle burns itself out? I believe that we will, and it will be in time, but not if we do not act. If we continue to live "our lives" and not a "collective life" together, as one, realizing the importance every life

has, then it is not a matter of *if*, it is simply a matter of *when* we (consciously or not) decide to destroy life as we know it. The **choice** has always been ours, that's the beauty of the life we've been given, by something we will never understand, and can only acknowledge. I choose to believe we will.

Part 2

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“Wordnetics”

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“The literal magnetics of words”

People are not segregated into groups, our words just create that illusion. The only thing actually segregated **are** our words. Certain words only play nicely with others, while some always come to the party drunk, waiting to punch someone. Let's think of words as people on a giant elementary school playground, words will form groups, just like people do in real life, because they only want to hang around those that understand them. The others look like foreigners, they do not want to be included, nor should they be, but we welcome them in anyway.

Harmful words do much more than cause immediate pain and suffering. The receiver of this type of language not only has to fight off the pain, they have to fight off the lasting meaning. This creates a never-ending uphill battle against life itself. Why? Because there is no hill in front of you, just the perception of one. Actually, the pre-perception of one. If it isn't there then it must be imagined, which puts it in the future, not here not now. In reality, it isn't even there. Our words create it, well actually, we create the words that create it, meaning that we deliberately put it there, despite not wanting it to be there in the first place. We are our own roadblock, which anyone that has changed their life by changing how they think, already knows. It's just the rest that need convincing because they've never changed it and therefore believe it is unchangeable.

Instead of thinking in terms of language in positive and negative, let's switch it to helpful and harmful. They are more practical words to their perceived definitions. I have a question for you, how practical are the words you use? Do you even understand them? If not then why are you using a language that you don't even understand? Let's learn a new language, the language of being helpful, the language of compassion, the language of love, the language of *learning*.

Life does not exist in a steady state, we just see it as one because the changes happen too slowly for us to notice. But if we take ourselves back to a prior time in our lives and can observe how our own thoughts led to the actions we took, that should trigger a switch that says, "hey, my thoughts matter." Thinking back, can help us look forward. Now that we realize our thoughts matter, at some point in our growth, we become more conscious of how we think. If we continue to trace back,

we can see that our thoughts eventually lead to our emotions, however they *are not the source* of them. Our thoughts turn into translators of our feelings, to define and describe them as emotions. We choose who we spend time with, we choose to “like” people because they make us feel good. The feeling is always there, but the trigger is someone else. Either way, we are fully loaded with feelings. What we can learn from this is two-fold:

1. Happiness is not a feeling, it is a freedom to feel.
2. We choose it, and other people trigger it.

What does that mean? It means that happiness can only be generated in the presence of others, and we must let it out to play, in order to do so. We can not be happy if we are not playing on the playground of happiness. That means two very important things:

1. we need to *be* fully expressed to *be* happy, and
2. we must *let* others fully express *themselves* as well.

When people feel like they can “be themselves,” is when they are happiest. Why? Because they don’t have to burden themselves with comparisons to any outside perception, they just say this is to the world, “take it or leave it.” Flipping the “comparison to the world” switch off gives us the freedom to be free to be ourselves. As long as we think we should be like each other, we will never be capable of truly being happy. We are not like each other, so why should we live and think like everyone else? What we all are is human, which means we are here together as one species, trying to help itself out. But we don’t currently life that way, we do not help each other as a society, instead we take advantage of each other. This act and this act alone is why the world is out of balance. We seem to accept behavior that takes advantage of others, as long as we deem it “success.” Bullshit. Success on the backs of hurting others is not success, that’s called bullying. Today we’ve gone from high school bullies, to financial bullies we

call corporations, governments, and what has been *catastrophically* deemed “too big to fail.”

Those four words represent *cancer* in the very language we use. No such thing exists and never will. Too big to fail means its too big to exist, which means it is too big to *succeed*, and is *guaranteed to fail*. “Too big is guaranteed to fail.” As we’ve seen and will continue to see over and over again, until we stop the charade. The answer is simpler than we think, all we have to do is keep things smaller, on a scale that we can manage, just like trying to multi-task. We can’t “do more than one thing at a time” but we can “accomplish more than one thing at a time,” as long as we keep them in manageable pieces. If things have gotten too big, it means they must be “over-eating” somehow. If a corporation has swelled to a size larger than it organically needs, that growth must be artificial. Artificial growth is what the financial world calls “leveraging.” Lately, the financial world has exploded with “derivative” products. (A perfect name for the exact opposite effect: artificial stimulation instead of “derived value”) These are no more than side bets on things that actually have value, which means that no additional value is actually created.

I think most people see that already. A side bet on a side bet on a side bet, doesn’t make the pot any bigger. If an organization is growing faster than it should be, then it must have a source of this artificial growth that it is achieving. What is that source? Something we’ve invented to transfer value, but this something doesn’t actually have any value of its own. Money. Corporations and other organizations have the capability to swell because they have access to an unlimited source, or a “bottomless well of money.” Why? Because we were stripped away of our rights long ago. Actually about a hundred years ago.

If we look at money instead of a “thing”, but as a “way” instead; a way to transfer value between people or transact with others, then literally by being financially poor, can prevent us from being socially rich. However being financially rich does not mean we will be socially rich, on the contrary, it can actually prevent

“social wealth” because of the divide in “financial means.” However the problem isn’t money; like we need to get rid of it or something; we just need to stop trying to control it. In reality, it is uncontrollable. Money doesn’t exist like we think it does, if there wasn’t someone on the other side willing to sell, then your money wouldn’t be worth a thing. Truthfully, if we wanted to, we could drop the whole racket right now and never use money again, but that would only work if everyone was willing to do every job, simply because they chose to, and for no other reason. That’s not going to happen. Nobody wants to sit in an office their entire lives, no one wants to stand in front of a production line their entire lives, no one wants to be a mule for someone else their entire lives. We are smarter than that. However because we are living in “stupid jobs” or jobs that require very little independent thought, we get bored quickly and just count the seconds until we get to leave. In order for a society to exist without money, everyone would have to create their own wealth and we would have to have every menial job automated. Will that happen one day? I have no idea, but it could. And we want to head in that direction. The only variable is the empowerment of the people. Something that no one seems to want to do. But naturally, it is the only way. Or we kill ourselves. Period.

However, we are not there yet and we’re currently going the other way. People will always have to be able to create personal wealth, it is how we are wired. Survival. We instinctively need to compete, all we need to do is create an intuitive arena for people to fight fairly. What does that mean? Ultimately, it means that in order to have social order, people have to have full control over what is naturally in their control, their ability to transact with others. Money. If people had every choice over their money, the world would look very different. If things like taxes were voluntary instead of involuntary, we would go back to a naturally natural world that balances itself out. But why would anyone ever pay taxes voluntarily? They of course wouldn’t, but all we have to do is tie them to things they would do, instead of forcing them into things they wouldn’t. Basically in a word, sales tax over income tax. Income taxes are the source of financial imbalance to the

financial world. Even beyond the federal reserve, nothing trumps the power of the people. No government could print enough money to cover every income statement in the country, that would be financial insanity, but we are *making our way there*. To stop the madness is to give the people back their ultimate right, their right to do whatever they want with their money, which first means they should get all that they earn, not a piece of what they earned, minus some that is first stolen, for absolutely nothing more than a promise.

Promises are empty words without the follow through of actions. But if we give away our power to promises, we give away our ability to control the outcome of our lives. If the actions and outcome aren't what we want, we have no way of changing anything because we've been forced into a form of financial slavery. We just call it an "income tax" so it makes us feel nice and cozy because we think we need it. False. This is the morphine drip that society is high on. Look it up, an income tax didn't exist before it did, which means the world *can* and *did* work without it. Better than it does now. What it *can* also do, is give the people back their ultimate power. Their *freedom to do*.

Why is an income tax wrong? Because the way an income tax works creates an imbalance of behavior. People will always have to earn money to survive, so by taxing income we are taxing our work to survive, and eventually hopefully thrive. An income tax is a tax on life, slowing it down from progressing as fast as it should. Giving people their power back has *always* resulted in better economies further down the road. How could it not? More empowered people means more people willing to consume...more. Isn't that what we constantly want? More more more more? More is the term for cancer, in terms of words. What does that mean? It means that every time you think of the word "more" when you don't actually need more, you are creating artificial growth, which to the body is literally cancer. "More" is verbal cancer. More money is a societal addiction leading to a cancer that will kill us, unless we stop feeding it. Will we? I don't know, but if we do, it will only be "out of the kindness of our hearts." Money can't beat money, you need another player all together. Humanity. In our world, we call it morality.

Do, or do not. In reality this is what happens, but mentally we throw in another step because of the variable of time; the word try. Between doing and not doing there is trying, however once we get to our destination, the word once again disappears because it never actually existed, in the first place. After we succeed we no longer think of it as trying, we think of it as succeeding or doing, having been done. Not having been tried. Trying is actually doing without finishing. Stopping short of the finish line because of the masses of obstacles in our way, our own words. Why do words matter so much? Because they literally are your obstacles.

How you **talk** to **yourself**,
how you **think** about **yourself**,
how you **think** about **others**,
how you **think** about **yourself** with respect to **others**,
and how **you** think **others** think, with respect to **you...**

***Defines** each and every aspect of our living lives.*

And before *any* of that *happens*,
first there are these little things we call
words.

Read that a few times. Let it soak. This is a layered switch that will take time to flip on. But the switch is called “reality” and it will eventually win.

We exist on a planet communicated and understood *through* words, not *by* them. What does that mean? It means we view the world, through the prism of language, literally *created by our words*. The world exists *in* a word. Not figuratively, *literally*. Look at the two words! World is spelled as word, along with an ‘l’. That ‘l’, represents every single human being ever born, and every word they have ever said. Language has tremendous power. Understanding this power is having an omnipotent control over your life. The power to create it. Not from the beginning, but from every step thereafter. Until your last word.

Change the words,
change everything possible about your life, *ever*.

Literally.

Don't change
and you'll never change the impossible you think you're living in, *ever*.

#every**w**ord**m**atters

“Use ***kind*** words; ***create*** kindness in yourself; (and most importantly)
never be ***afraid*** to ***tell*** the ***world***.” – “Live in chaos” (Kaos)

Use kind words.

Fuel kind thoughts.

Fuel kind feelings.

Fuel kind actions.

But not before we decide to be brave.

So first, let's all decide.

Ready?

#**fuelyourcourage**

(Listen)

Go!

by: Kaos

known as: Artur Katny

p.s. Now go look in the mirror